

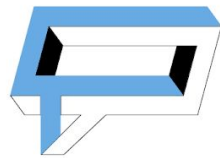
VARSITY // BRANDS

THE COLLECTIVE
STUDENT EMPOWERMENT MONTH

SCENARIO 1: Get Over It!

You are in class working on a group project. One of your group members, James, states he is struggling to get his part of the project completed because he has been depressed and just getting out of bed and to school is difficult. Another teammate, Rick, says, “Get over it, we all have our own issues. Some of us just deal with them head on and don’t blame it on depression.”

Discussion Questions: How do you think James felt after the statement was made? Why do you think Rick made that statement? What could you do to support James moving forward with the project?



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SCENARIO 2: She's Crazy!

You are sitting at the lunch table with a group of friends. A student at a different table stands up slamming their hands on the table and walks away obviously crying. Jane, a friend at your table, makes the comment, "She's crazy, she must be bipolar or something!"

Discussion Questions: Why do you think Jane made this comment? Do you say something or ignore the comment (support your answer)? How could you respond?