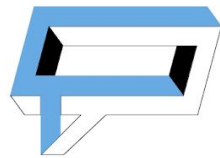


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THE COLLECTIVE
STUDENT EMPOWERMENT MONTH

STIGMA

(noun) Feelings of disapproval that a person or group of people have about particular condition, illnesses, or ways of behaving.



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MINDFULNESS

(noun) Being full present in a moment or situation with the ability to pay full attention to what you are experiencing.