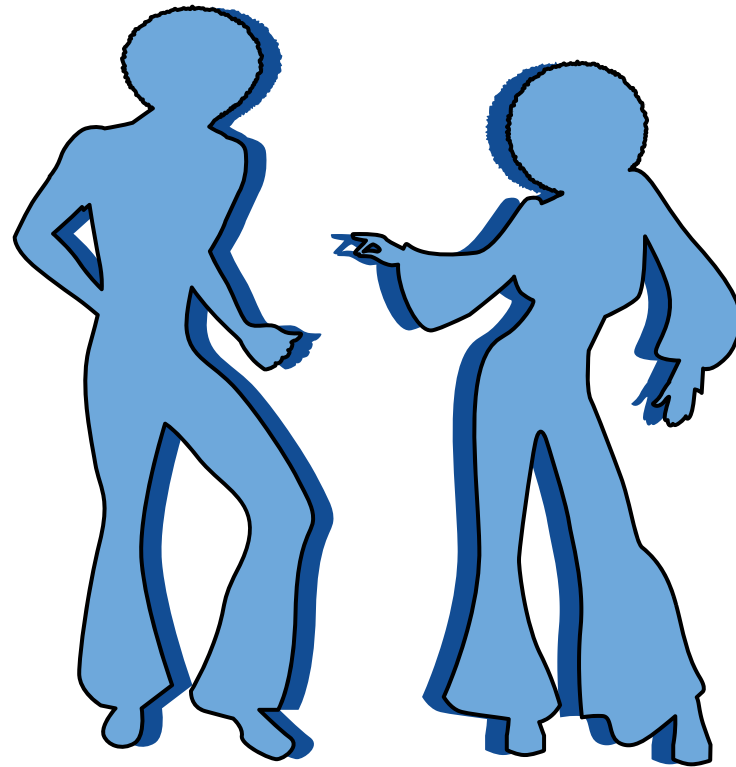


LEADERSHIP DANCE PARTY



Inspired by the activity Four Corner Boogie by [OPENPhysEd.org](https://openphysed.org)

LEAD BY EXAMPLE

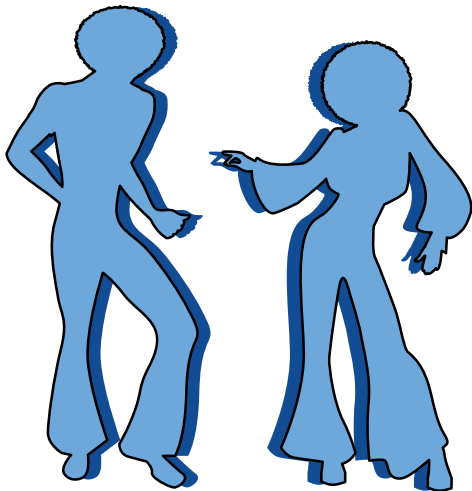
BELIEVE IN YOU

FOUR CORNER BOOGIE

THE OBJECT OF THE GAME IS TO FOLLOW THE BOOGIE CAPTAIN'S DANCE MOVES

1. There are 4 groups - each group in a corner of the room.
2. There is 1 Boogie Captain assigned to each corner.
3. Each Boogie Captain will lead a group using unique dance moves.
4. Group members will support their captain by dancing along.
5. Demonstrate courage with each confident dance move.

WHEN THE MUSIC STARTS, THE LEADER BEGINS WITH A UNIQUE DANCE MOVE. GROUP MEMBERS FOLLOW ALONG. WHEN THE MUSIC STOPS, GROUPS ROTATE CLOCKWISE TO THE NEXT BOOGIE CAPTAIN.



Here are some boogie themes if you need help:

- Moves that bounce
- Moves with fast feet
- Moves that start low
- Moves from a sport
- Moves that look like exercise
- Silly moves

COURAGE

(Noun)

Bold confidence that allows a person to persevere in the face of great challenge, uncertainty, discomfort & fear.

Name 1 action you've taken that required courage.

Describe 1 positive thing that resulted from your courage.

What might have happened if you hadn't acted courageously?

EMPATHY

(Noun)

The ability to understand and share the feelings of another.

Describe a time when someone showed empathy toward you.

How did their empathy affect you?

Have you affected others with similar empathy? If so, how?

KINDNESS

(Noun)

A feeling that causes a person to act in a friendly, generous, and considerate way toward others.

Do you think kindness is an important quality of a great leader?

Why or why not? What does kindness look like to you?

Can a person be a strong leader and still demonstrate kindness?

Explain your answer.

UNIQUE

(Adjective)

Being the only one of its kind;
unlike anything else.
Remarkable, special, unusual.

People value being a part of a community, but also can benefit from embracing unique qualities that make them different.

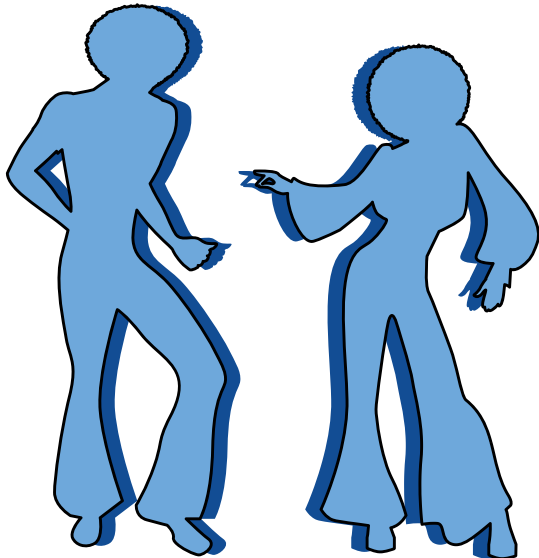
Why is it important for communities to understand and embrace the unique qualities of individual members?

What unique qualities can you contribute to your community?

IN TEAMS OF 4 OR 5, STUDENTS WILL USE THE WORD CARDS TO CREATE A DANCE ROUTINE

1. Each teammate has 1 or 2 Lead By Example word cards
2. Take 3 minutes to create your unique dance for your cards
3. Your moves should express your understanding of the words
4. Next, share and teach your moves to your entire team

WHEN DANCE ROUTINES ARE BUILT AND HAVE BEEN PRACTICED, EACH TEAM WILL PERFORM THEIR DANCE FOR ANOTHER TEAM.



When dancing demonstrate these qualities

- **Courage**
- **Enthusiasm**
- **Uniqueness**

When watching demonstrate these qualities

- **Respect**
- **Kindness**
- **Empathy**